

# 'Live Simply so that others can simply live'

### **Blessed Mother Theresa**

Issue #1

#### **Up and Running**

CAFOD HQ have deemed our Live Simply strategy suitable. So we can now be considered for their award if we implement our proposals!

#### What have we done so far?

1. Made a Live Simply Banner, from recyclable material.



Suspended in the narthex it is an unmissable statement of intent

## 2. Obtained agreement to build a St Clements vegetable garden. Start date proposed 18 November.

At the edge of the lawn next to the raised flower beds(see plan in narthex) a reminder of what we can grow in very limited space. The produce will be sold to support "Connect 2 Cambodia"

#### 3. Sent a letter to everyone on the coffee rota



#### reminding them to use Fairtrade goods.

As a Parish we are committed to using Fairtrade products. We signed up as a Fairtrade

Parish in 2005.A gentle nudge just in case we have forgotten.

4. As a Parish we promoted the CAFOD "Power to Be" campaign.



The focus of the campaign is for international investment to make the electricity we all take for granted available through local networks of renewable energy for communities in the developing world. Following the example of mobile phones which have bypassed the need for expensive land line resources; so simple solar panel networks can provide reliable supply for those in poor rural communities. Campaign cards are still available at the back of the church

Imagine living without electricity in Ewell!

#### What Next?

#### Walking Club

The club will be a great opportunity to come together as a community both young and old to enjoy a walk in nature and get to know each other better.



The first walk will be taking place at Nonsuch Park on **Sunday 29 October** – meeting in the main car park at 2pm.

Should the walk have to be cancelled due to inclement weather a notice will be placed on the parish website.

#### Christmas is coming.

Have you ever thought of an alternative to individual cards to fellow parishioners? In mid-November we hope to present a "giant" Parish Christmas card. You would be encouraged to donate your spending on cards and postage in return for placing a message to parishioners. Look for our presentation W/E 18/19 November.

#### DATES FOR YOUR DIARY

#### **OCTOBER**

Parish Walk 29 October starting at Nonsuch Park- meeting in main car park at 2pm

#### NOVEMBER

**Vegetable Garden –** We will be starting work on the vegetable garden on **Saturday 18 November**. Come along to the church at 10am give a hand. Tea and coffee provided. If you have any tool, scaffold board or seeds that you could donate please e-mail Jonathan on jonathan.inns@btinternet.com

#### Next Year (2018)

- 1. A Monthly "Live Simply tip" Practical ways to live the message.
- 2. A Lenten Stations of the Cross Themed around Living Simply
- The first of quarterly "Fairtrade" breakfasts. An opportunity to use Fairtrade products for an enjoyable breakfast and share ideas on Fairtrade issues.
- 4. Starting in the Summer encourage walking or cycling to church. Particularly the younger parishioners. Good for health and the environment. A Walk /Cycle to Mass Event
- 5. Plant a Tree scheme. Celebrate a significant faith event by investing in a greener environment. Suitable for baptisms, adult receptions, first communions, confirmations and marriages. Not on the premises but in a suitable rural location.
- 6. Continue to support the foodbank with fundraising event in the March/ April

If you would like to get involved in any of the activities mentions in this newsletter or come along to the next meeting of the Live Simply steering group then please call Jonathan Inns on 0208393 0595 email jonathan.inns@btinternet.com